



## **Festival for the Senses - free family festival**

**Saturday 3 October**

Attached are details of the above forthcoming event at Anglia Ruskin University, Chelmsford. Complete at least four activities to collect a maximum of two hours! If you complete less than four then you can collect 30 mins per activity. Please take your passport to reception to get it stamped/signed.

- **Wild Food Cooking & Walk** – foraging for edible food in the nature reserve behind Lord Ashcroft building followed by a cooking demonstration (learning which plants are edible and teaching to forage safely and respectfully)
- **Cheap as Chips** –blind food tastings / can you identify the cheapest brand vs the most expensive
- **Listening Posts** – using headphones people can listen to a selection of recordings relating to Chelmsford including a 1950s auction at the Cattle Market, a speech recorded by Guglielmo Marconi from 1935, Ronald Poole recalling Baddow Road in the 1930s, a song recorded by Mark Shelley & The Deans in the 1960s and Roger Johnson singing at Chelmsford Folk Club in 1985. Plus a facsimile of the oldest map in Chelmsford (dating to 1591 which shows the Anglia Ruskin site) and some prints of historic local photographs
- **Taste Safari** – test your taste buds with vials of different tastes. They will also bring blue food dye and a magnifying glass so you can see your taste buds up close!
- **Pottery workshop** - texturing and patterning clay to make a set of tiles. These would all be glaze fired and returned about 1 week later for people to collect
- **African Dance and Drumming** – performances but people can also take part
- **Circus Workshops** — walkabout acts and juggling shows

**Parking is available on campus on a first come first served basis. The top car park (Mildmay) is closed as it is being used for activities. Please use the following link for information about parking in Chelmsford, the Chelmer Park and Ride goes through the ARU Campus.**



	<b>Activity</b>	<b>Time</b>	<b>Location</b>
<b>Taste and smell</b>	<b>Street Market</b>	10am-2pm	Outside Lord Ashcroft Building and along campus
	<b>Cheap as Chips</b>	10am-2pm	Lord Ashcroft Mezzanine
	<b>Taste Safari</b>	10am-2pm	Lord Ashcroft Reception
	<b>Wild Food Cooking and Walk</b>	<b>Session 1:</b> Walk 10.30am-11.00am / Cooking demonstration and tasting 11.30am-12.30pm <b>Session 2:</b> Cooking demonstration and tasting 11.30am-12.30pm / Walk 1pm-1.30pm	Along campus and around nature reserve
<b>Hear</b>	<b>Live Music Acts</b>	10am-2pm	Various locations around campus
	<b>African Djembe Drumming Performance</b>	10.30am & 12.30pm	Starting outside the Lord Ashcroft Building
	<b>Listening Posts</b>	10am-2pm	Library Foyer
	<b>Children's Story Time</b>	10am-2pm	The Link Area, Queens Building
<b>See</b>	<b>Look Up! Air Ambulance Fly Over</b>	12pm	In the sky
	<b>African Dance Performance</b>	11.30am & 1.30pm	Lord Ashcroft Reception
	<b>Photobooth with free photos</b>	10am-2pm	Marconi Building (ground floor)
	<b>Essex Cricket - Fastest Bowler Competition</b>	10am-2pm	Marconi Building (outside)
	<b>Giant Jenga, Connect Four and Maze</b>	10am-2pm	Marconi Building (outside)
	<b>Air Ambulance Competition &amp; Pilot Pete</b>	10am-2pm	Mildmay car park
	<b>Treasure Hunt (under 10yrs)</b>	10am-2pm	Library
<b>Touch</b>	<b>Pottery Workshop</b>	<b>Session 1:</b> 10.30am-12.00pm <b>Session 2:</b> 12.30am-2pm	Sawyers Exhibition Gallery, Sawyers Building
	<b>Henna</b>	10am-2pm	Marconi Building (ground floor)
	<b>Face Painting and Glitter Tattoos</b>	10am-2pm	Marconi Building (ground floor)
	<b>Climbing Wall</b>	10am-2pm	Outside Lord Ashcroft Building
	<b>Reaction Wall</b>	10am-2pm	Lord Ashcroft Reception
	<b>Circus Workshops</b>	10am-2pm	Lord Ashcroft Reception