

PSHE Curriculum 2014/2015

Year Group	Autumn	Spring	Summer
F	Making Relationships Healthy lifestyles (cleanliness)	Self-confidence and Awareness (bodies and feelings can be hurt)	Managing Feelings and Behaviour
1	Me and My Relationships (incl. the difference between secrets and surprises)	Me and Making a Positive Contribution (what harms the environment) Me and Keeping safe E-Safety	Me and Growing and Changing
2	Me and my Feelings (to recognise and respond) Me and money (money comes from different sources, savings and choices)	Me and My Relationships (what physical contact is ok) Me and Keeping safe (how to resist bullying) E-Safety	Me and Growing and Changing (including names for parts of the body)
3	Me and Making a Positive Contribution Me and Growing and Changing	Me and My Healthy Lifestyle (include "habits") Me and keeping safe (risky behaviour) Anti-bullying & E-Safety	Me and Medicines and Drugs
4	Me and My Healthy Lifestyle (the effect of media) Me and my Feelings	Me and Medicines and Drugs (legal and illegal) Me and keeping safe Anti-bullying & E-Safety	Me and Growing and Changing
5	Me and My Relationships Me and My Feelings	Me and Making a Positive Contribution Me and keeping safe Anti-bullying(including homophobic bullying) & E-Safety	Me and Medicines and Drugs (alcohol and tobacco) Puberty
6	Me and Making a positive Contribution – First Aid Me and Money (the role of money in our and others lives)	Me and My Healthy Lifestyle Me and keeping safe Anti-bullying (including transgender) & E-Safety	Me and Growing and Changing Sex Education

Items in brackets are new to the PSHE curriculum for 2014/2015

PSHE is taught through the core themes of:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

Children will learn these subjects and develop their skills of **enquiry, intrapersonal** (self-management) and **interpersonal** (relationships) through a programme of study that builds on their experiences and understanding as they prepare for the future.

Children will be taught PSHE by trained school staff and by health professionals such as the school nurse, local police etc.

In addition to this specific curriculum PSHE is embedded throughout the wider curriculum and in particular through the school's agreed Core Values:

- HOPE
- TRUST
- RESPECT
- RESPONSIBILITY
- COURAGE
- PERVERANCE

Each half term, an especial focus will be given to one Core Value so that children have quality time to reflect on their definition and application. The Core Values also link to our continued focus on 'growth mindset'.

Defining the Core Values

- 1. HOPE**
 - *to have confident expectation and desire to achieve or see something happen*
- 2. TRUST**
 - *to develop relationships that are built on reliability, openness, honesty and shared values*
- 3. RESPECT**
 - *to show positive regard and consideration for people and principles that are admiral*
- 4. RESPONSIBILITY**
 - *to have good judgment and the ability to act correctly and make appropriate decisions on your own*
- 5. COURAGE**
 - *to have a quality of mind or spirit that enables the facing of challenge or difficulty, without fear, being brave and confident enough to do what you believe in.*
- 6. PERSEVERANCE**
 - *to steadfastly pursue a goal or objective, determinedly with persistence*