## Menu – Autumn Term 2017

## Week beginning 4<sup>th</sup> September 2017

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|---|---|---|---|
| Mild Chicken Korma served<br>with Naan Bread and<br>Cucumber Raita                        | Local Butcher's Sausages  | Local Butcher's Roast<br>Chicken served with a<br>Yorkshire Pudding and<br>Gravy      | Homemade Spaghetti<br>Bolognaise  | Oven Baked Birds Eye<br>Omega 3 Chunky Fish<br>Finger or Salmon Bites                   |
| Homemade Sweet Potato<br>and Lentil Curry served with<br>Naan Bread and Cucumber<br>Raita | Linda McCartney<br>Vegetarian Sausages  | Sage and Onion topped<br>Quorn Fillet<br>Served with a Yorkshire<br>Pudding and Gravy | Homemade vegetarian<br>Spaghetti Bolognaise   | Quorn Dippers   |
| Wholegrain and White<br>Rice<br>Salad Bar   | Creamy Mashed Potato<br>Baked Beans, Garden Peas                                  | Roast Potatoes<br>Fresh Carrots<br>Broccoli Florets                                   | Garlic Bread<br>Salad Bar   | Chips<br>Sweetcorn<br>Garden Peas<br>Salad Bar  |
| Jacket Potato with Tuna<br>Mayonnaise   | Ham or Cheese Deli Roll   |   | Ham or Cheese Deli<br>Roll  |   |
| Homemade Chocolate  Brownie  or  Muller Corner Yoghurt  or  Selection of Fresh Fruit      | 100% Fruit Lolly<br>or<br>Muller Corner Yoghurt<br>or<br>Selection of Fresh Fruit | Fresh Fruit Platter<br>or<br>Muller Corner Yoghurt<br>or<br>Selection of Fresh Fruit  | Homemade Apple Crumble and Cream or Muller Corner Yoghurt or Selection of Fresh Fruit | Homemade Fairy<br>Cake<br>or<br>Muller Corner Yoghurt<br>or<br>Selection of Fresh Fruit |

## Week beginning 11<sup>th</sup> September 2017

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|---|--|--|--|
| Pork Meatballs served in<br>A Rich Tomato Sauce                                 | Homemade Chicken and<br>Tomato Pasta Bake   | Local Butcher's Roast<br>Beef served with a<br>Yorkshire Pudding and Gravy           | A Hearty Slice of<br>Homemade Pepperoni<br>Pizza                               | Oven Baked Crispy Fillet<br>Of Fish in a Bubble<br>Coating (GF)                |
| Quorn Balls served in a<br>Rich Tomato Sauce                                    | Macaroni Cheese   | Roasted Quorn Fillet<br>Served with a Yorkshire<br>Pudding and Gravy                 | A Hearty Slice of<br>Homemade Cheese and<br>Tomato Pizza                       | Vegetable Nuggets  |
| Wholegrain and White<br>Rice<br>Salad Bar                                       | Garlic Bread<br>Salad Bar   | Roast Potatoes<br>Fresh Carrots<br>Broccoli Florets                                  | Sweetcorn<br>Salad Bar   | Chips<br>Baked Beans<br>Garden Peas<br>Salad Bar                               |
| Jacket Potato with Beans<br>And/or Cheese                                       | Ham Deli Roll   |  | Tuna and Sweetcorn Deli<br>Roll  |  |
| Fruit Smoothie<br>or<br>Muller Corner Yoghurt<br>or<br>Selection of Fresh Fruit | Fruit Jelly Pots<br>or<br>Muller Corner Yoghurt<br>or<br>Selection of Fresh Fruit | Fresh Fruit Platter<br>or<br>Muller Corner Yoghurt<br>or<br>Selection of Fresh Fruit | Angel Delight<br>or<br>Muller Corner Yoghurt<br>or<br>Selection of Fresh Fruit | Chocolate and Cherry Cake or Muller Corner Yoghurt or Selection of Fresh Fruit |